

Theme: World Eye Donation Fortnight

Date: October 13 2021

Department of Ophthalmology

World sight day is an international day of awareness held every second Thursday of October is a global event meant to draw attention on blindness and vision impairment as major international public health issues.

The theme is “Love Your Eyes” to prevent sight loss and to protect pressure and prioritize vision.

- Raise public awareness of blindness and vision impairment.
- Influence government/ministers, health to participate in and designate funds for National Blindness prevention.
- Educate target audiences about Blindness prevention.

Theme : MANAGEMENT OF OSTEOPOROSIS

Date: 20 OCTOBER 2021

Department of Orthopedics

World osteoporosis day is observed annually on 20th October and it launches a year long campaign dedicated to raising global awareness of the prevention, diagnosis and treatment of osteoporosis and metabolic bone disease.

Theme: Mental health in an unequal world

Date: 8th October 2021

Department of Psychiatry

On the occasion of World Mental Health Day 2021, Department of Psychiatry had conducted a program to bring about awareness regarding concerns, disparities, inequities which prevail & impact on the mental health & a Guest Lecture on “Positive Mental Health” by Dr Naveen Jayaram, Consultant Psychiatrist, Sakra World Hospital, Bangalore. Painting and video making competitions were held based on the theme “Mental health and Covid pandemic

Theme : A SPINE WORKSHOP

Date: April 2021

Department of Orthopedics

The spine gives our body stability and strength every time we move around. Plus the Spinal vertebrae also serve as a protection for our spinal cord. Thus any problem in our spine should be addressed by experienced orthopaedic surgeon.

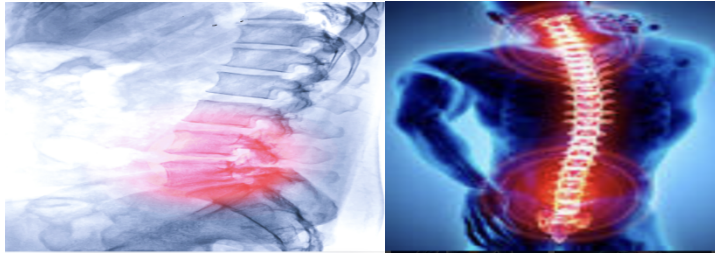
Initially minimally invasive methods are tried to address pain or debilitating back issues such as pain injections, physiotherapy etc. if these methods do not solve the problem one may have to undergo spine surgery. There are several types of spine surgeries which can help those experiencing back pain such as

-Lumbar decompression surgery for spinal stenosis.

-Lumbar discectomy

-Herniated disc surgery

Spinal instrumentation & Fusion.



Theme: world Glaucoma day

Date: March 12 2021

Department of Ophthalmology

World Glaucoma day is celebrated on March 12th and its aims to eliminate blindness caused by its disease by raising awareness and alerting on the need of having regular eye check ups in which the optic nerve is explained.

Under the motto the world is bright, save your sight, the project mobilizes groups of people including ophthalmologists, optometrists health care workers, universities, medical centre, private practices and individual citizens.

Glaucoma that affects the optic nerve initially causing a loss of peripheral vision in the visual field if not detected early on and properly treated may progress towards vision loss.

Theme:Current Trends in Obstetrics and Gynaecology

Date: 25th February 2020

Department of OBG

On 25/2/2020, a CME on “Current Trends in Obstetrics and Gynaecology” was conducted with two KMC points.

The Various topics were discussed by both faculty from Akash hospital and also stalwarts in the field from other hospitals.

- 1) Maternal adaptations during pregnancy-Anaesthetic consideration
- 2) PCOS – What you should know
- 3) Inverting the Pyramid of Antenatal
- 4) Transgenerational transmission of diabetes – how to handle
- 5) Current trends in screening of ovarian cancer
- 6) Menopause – We pause to address their challenges
- 7) Screening for GDM
- 8) Fetal interventions
- 9) Recent Trends in management of HTN in pregnancy

Theme: “Mental health awareness and suicide prevention”

Date: 10th October 2019

Department of Psychiatry

Conducted a programme for students and teaching staff to raise awareness on mental health issues, identifying high risk individuals, warning signs, treatment and suicide prevention strategies. Dr Satish Ramaiah, Consultant Psychiatrist addressed the students and gathering on suicide prevention. Students performed Mime depicting various stressors one would go through in daily routine and its can worsen and lead to psychological disturbances and finally suicide and students also mentioned about Do’s and Don’ts related to suicide.

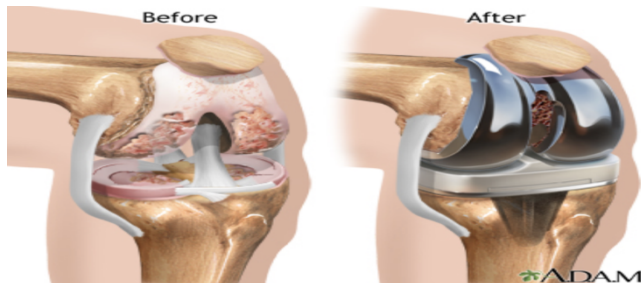
Theme: Primary Knee Arthroplasty

Date: 26th July 2019

Department of Orthopedics

Total knee Arthroplasty or Total knee replacement is a common orthopaedic surgery that involves replacing the articular surfaces (Femoral condoles and Tibial plateau) of the knee joint with smooth metal and highly cross linked polyethylene plastic.

Total knee Arthroplasty aims to improve the quality of life of individuals with end stage Osteoarthritis by reducing pain and increasing function.



These pieces may be placed in the following places in the knee joint: